

Nutrition and Image Consultation

Many people reach a point when they just can't make their look work. This is often triggered by a change in lifestyle – perhaps a new job, or a change in relationship status. It's not always easy to get an objective opinion from your friends, and here is where a professional image consultant can help. Nutri-Style employs only qualified image and colour consultants, and certified diet and nutrition professionals. Its broad range of advisory services includes colour analysis, figure and style analysis, makeup and grooming advice, wardrobe auditing and shopping-assistance. You may not need to spend a fortune on new clothes and accessories; often, you can make a lot more of your existing wardrobe simply by gaining a better understanding of your body shape and what suits you. **Visit Nutri-Style at #04-16 Delphi Orchard, 402 Orchard Road or www.nutri-style.com. Call 9670 9301.**

"It was great fun and a healing experience. The consultants are patient and encouraging, and helped me to learn so much about myself." **Andrea Yap**

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